

What is Pastoral Counseling?



Pastoral Counseling offers a faith-based dimension to traditional psychotherapy. Pastoral Counselors are clergy who have received graduate training in both religion and behavioral sciences. This training provides the groundwork for a unique form of psychotherapy that offers spiritual resources as well as psychological understanding for healing and growth. Pastoral Counselors adhere to rigorous education and accreditation standards and are among the most educated of mental health professionals.



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